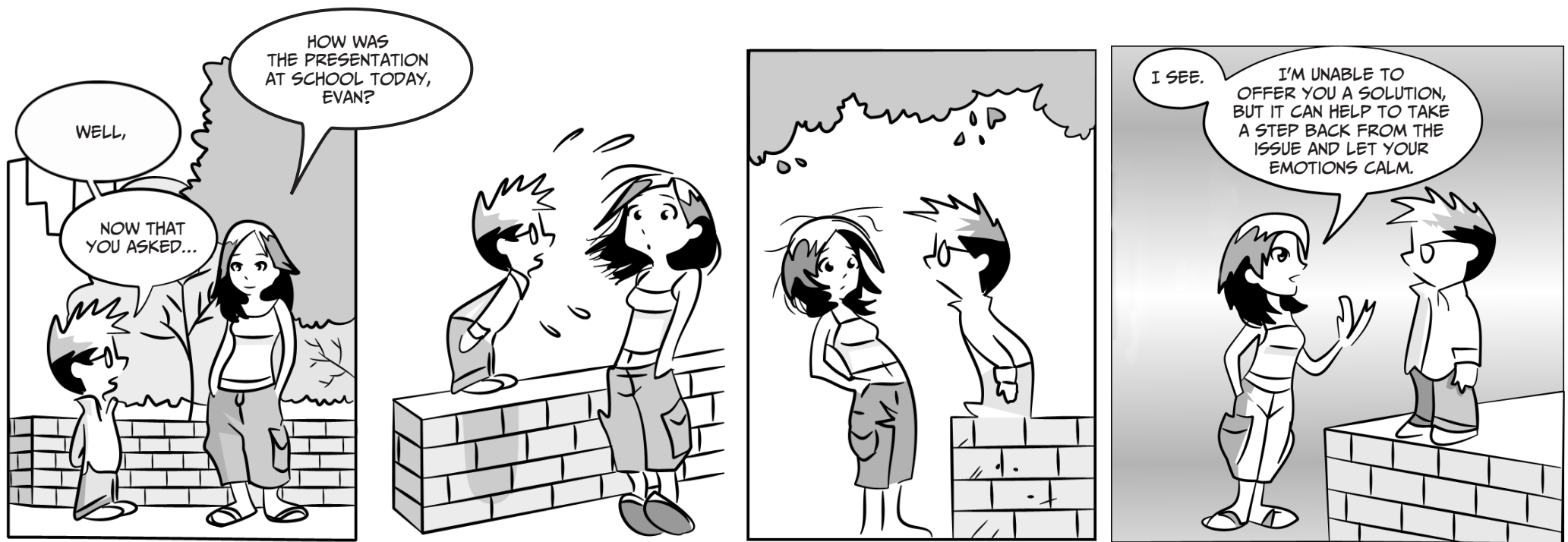
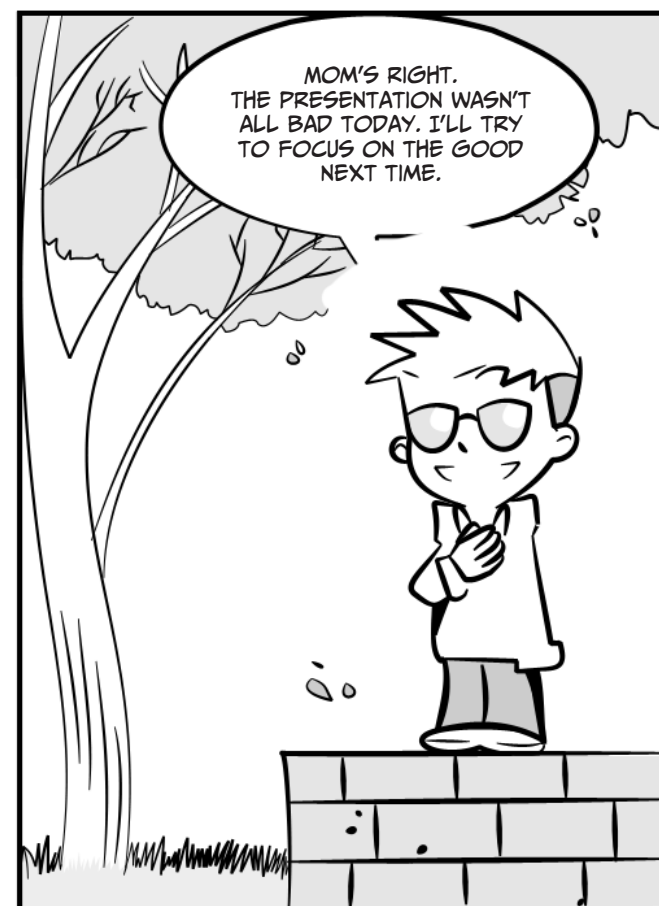


# A Prayer for Me

Jesus, sometimes I get frustrated or upset about things that happen when I'm playing with my friends, or when I'm doing school or a chore, and things aren't working out well. There are times when I want to give up if something is too hard for me, and that's when I really need Your help, Jesus.

I don't always remember to pray right away, but I want to pray now, in advance, so that the next time I find myself in a situation like that, with my emotions or frustrations rising, You can calm and settle me, and help me to see things in a positive way.





There's always something good about everything that happens, and I want to be able to think about the good things and to remember to thank You for them. Even if I can't think of what's good about something that's happening, help me still thank You for the situation. Then You can show me what's good about it.

If I'm positive and happy, and if I can deal with difficult situations the right way, that will make me a much nicer person to be around, and I'd like to be that way. I'd like to be someone who others like to be around. Teach me to be more like You, Jesus, and that will make my world—my life and the people around me—a happier place.