

## A PRAYER OF GRATITUDE

# FOOD PRODUCERS AND HANDLERS

“Look to the interests of others” (Philippians 2:4, *paraphrased*).

“The Lord will give what is good, and our land will yield its increase” (Psalm 85:12 ESV).

Stop to think of the foods you like to eat. Now imagine the food and its ingredients and the people involved in getting that food to you: farmers, ranchers, fishermen, truckers, sailors, longshoremen, etc.

### MANIFEST YOUR GRATITUDE:

- Though you might not have the opportunity to personally know someone who plays such an important part in providing food, you can manifest your gratitude by praying for them.
- Before eating, offer a prayer of thankfulness for the food and for those who have helped get it to you.
- Thank those who cook the food too, such as your parent. And in a restaurant, thank the waiter for delivering the food to your table.



### PRAYER FOR GRATITUDE:

Dear Jesus, it's easy for me to take for granted the food I eat while not remembering how it's the result of others' efforts. So please remind me that the food I'm able to eat is provided to me by a variety of people's diligent work.

### PRAYER OF GRATITUDE:

Jesus, thank You for the people who work hard to provide food for people all over the world. I ask that You provide well for them and their families, too. Please keep them safe while they do their important work. (If you know someone who is a food producer or handler, you can add a personal line to this prayer for them.)