

# God Cares for You

One day while Jesus was speaking with His friends, He wanted to remind them about how much He loves and cares for His children. "Look at the birds in the air," He said. "They don't plant or harvest or store food in barns, but still your heavenly Father feeds them. You are worth much more to Me than the birds."<sup>1</sup>

Then Jesus pointed to the flowers in the field surrounding them. "Do you see these beautiful flowers?" He asked. "God made the flowers, and He cares for them. He sends the rain and the sun to help the flowers grow. You are more important to God than the flowers."<sup>2</sup>



It can be easy to worry about things that you don't yet have or know about. But no matter what worry or concern you are facing, remember that you are in God's loving care. You are precious to Jesus, and He always cares for His own.

Day by day, God walks with me,  
and my burdens He helps me bear.

Each step I take along the way,  
my loving Father is always there.

—Lenora McWhorter

**Footnote:**

<sup>1</sup> See Matthew 6:25–26.

<sup>2</sup> See Matthew 6:28–30.

