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Would you like to do something that would be thoughtful and a big help to those you know and love? One of the best things you can do for others is to pray for them.

Prayer isn't hard. Prayer is talking to Jesus.

Talk to Jesus about your parents or your brother or your sister or those whom you care for.



Tell Jesus how much you love your family. Tell Him what your family needs, and ask Him for His help.

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Ask Jesus to help you be a willing helper for those who look after you. Ask Him to help you show His love to your family.

Prayer is a wonderful way to help others. You can help your family any time of the day by praying for them.

> *Bible Thought* Pray for us (Hebrews 13:18 NIV).

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