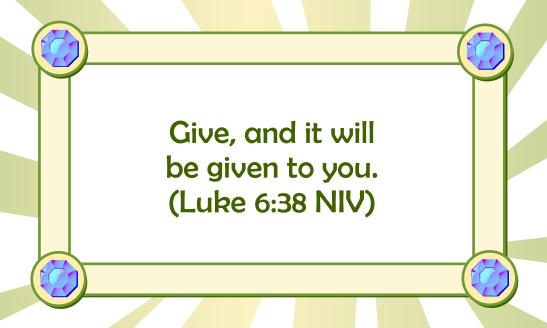
Drop a little Smshine





Giving is one way that we can show love to others. And did you know that we can give to others by the things we say and do? We can speak words of thoughtfulness and kindness, and that is giving love to others. We can do deeds to help others, and this is showing our love. This was what Jesus meant when He told us to give to others, and that others will give in return.



When we think about others and give from our hearts, then others are likely to return our kindness. Jesus also gives to us when we share what we have with others, by filling our hearts with gladness and joy.







Throughout our days we can be looking for ways to drop a little sunshine into someone's day, through our smiles, our gentle words, a thoughtful deed, a prayer, a helping hand. Everyone needs love, and we can make our family and friends happier by showing love and kindness wherever we go.





Action

Think of someone you'd like to do a kind deed for. Get a small piece of paper to make a "giving coupon," and ask your mommy or daddy to help you write on that paper what you'd like to give to that person. Then decorate the paper with pictures and colors. When you're done, give the coupon to the person you were thinking of, and see how it will brighten his or her day.



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