

# With a Cheerful Heart

Do everything without  
complaining or arguing.  
(Philippians 2:14 NIV)



Has your mommy or daddy ever asked you to do something that you didn't want to do, such as having to clean up your toys when you would rather play, or doing something your brother or sister wants to do instead of getting your way? It can be difficult to do these things without complaining or arguing.





God's Word teaches us that we should do all things with a cheerful heart. That means without complaining or arguing. Sometimes we may think that if we make a fuss about what we have to do, we won't have to do it. But instead, all the time we spent arguing or complaining has been wasted, because we still have to do what we needed to do.







The best thing is to do what we know is right as quickly as possible. This makes it easier for our parents and those who have asked for our help. It also makes it easier for us, because things are done quicker when we don't complain or argue about them, and then we can go on to do something else we'll enjoy doing. We are also pleasing God when we do what we know is right.





# Action

Ask your mommy or daddy  
if there is something they  
would like you to do to help  
them around the house, then  
practice doing it right away  
with a cheerful heart.



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