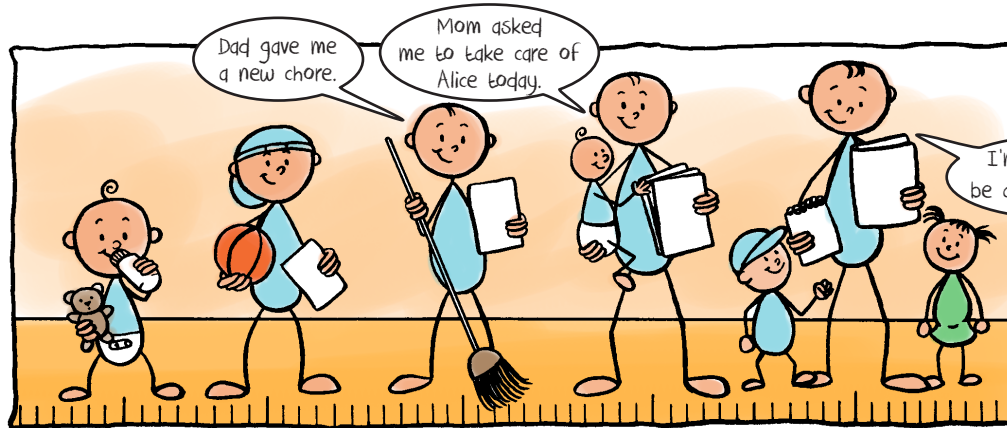


A Life of Change

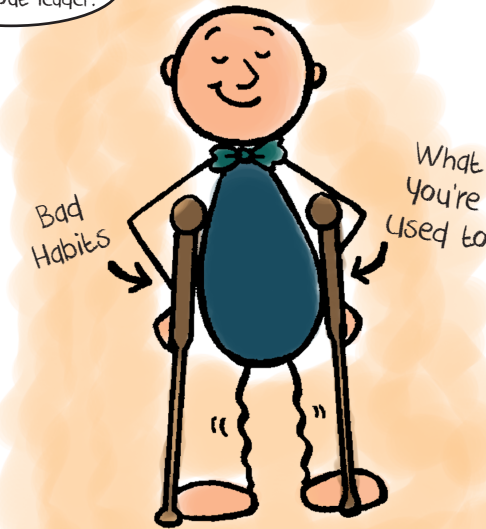
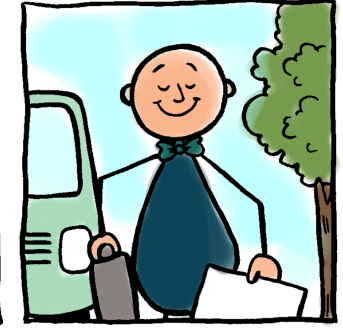
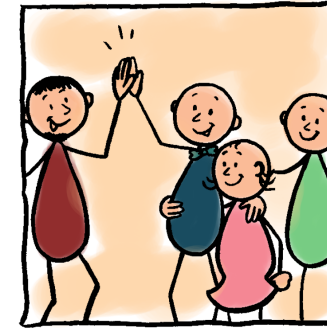
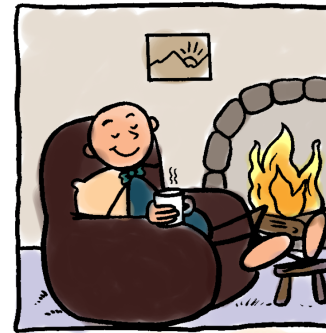
CHANGE IS A PART OF LIFE, AND IT IS EXPERIENCED IN MANY WAYS. YOU CHANGE PHYSICALLY AS YOUR BODY GROWS AND DEVELOPS. YOU CHANGE IN MATURITY AS YOU ENCOUNTER NEW EXPERIENCES AND LEARN TO ADAPT TO THEM.



NEW EDUCATIONAL CHALLENGES, TAKING ON RESPONSIBILITIES, LEARNING HOW TO MOTIVATE AND DISCIPLINE YOURSELF, THESE ALL BRING CHANGE INTO YOUR LIFE.

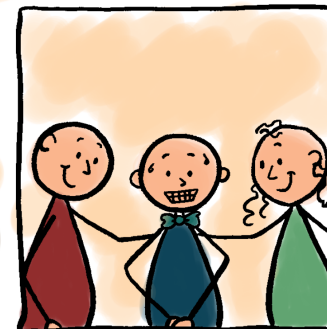
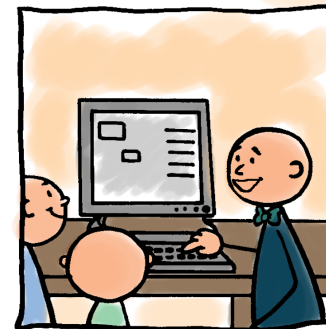


IF YOU ARE NOT WORKING TOWARD NEW GOALS AND CHALLENGES, THEN THERE WOULD BE NO FORWARD MOTION IN YOUR LIFE. WHILE OTHERS ARE MOVING ON TO NEW LEARNING EXPERIENCES, YOU WILL BE LEFT BEHIND, OR WORSE, FALL BACK INTO BAD HABITS OR CHARACTERISTICS YOU WERE TRYING TO LEAVE BEHIND.



WHEN YOU BECOME ACCUSTOMED TO THE PLACE YOU LIVE, THE PEOPLE YOU LIVE AROUND, OR THE FAMILIARITY OF YOUR LIFE, IT'S EASY TO RELY MORE ON THE WAY YOU USUALLY DO THINGS TO MAKE YOU FEEL HAPPY AND SAFE.

CHANGES IN YOUR LIFE REQUIRE ADJUSTMENT AND ADAPTATION, WHETHER IT'S UNDERTAKING A NEW SKILL SET, MAKING NEW FRIENDS, OR BEING IN UNFAMILIAR SURROUNDINGS.

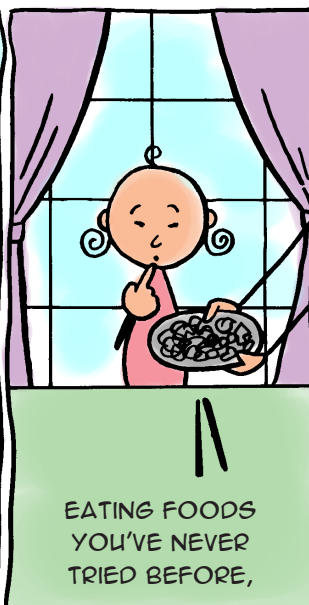
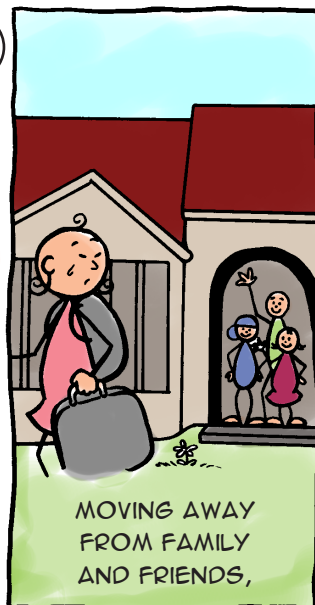
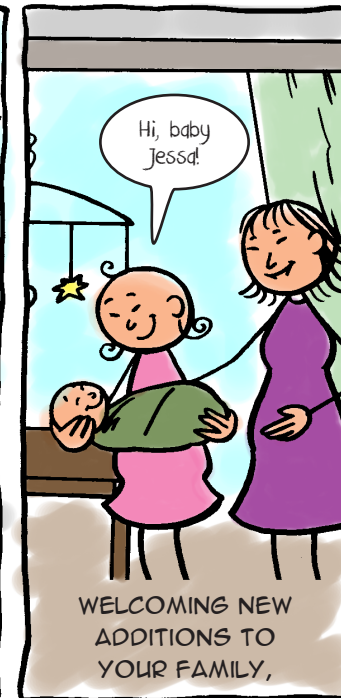
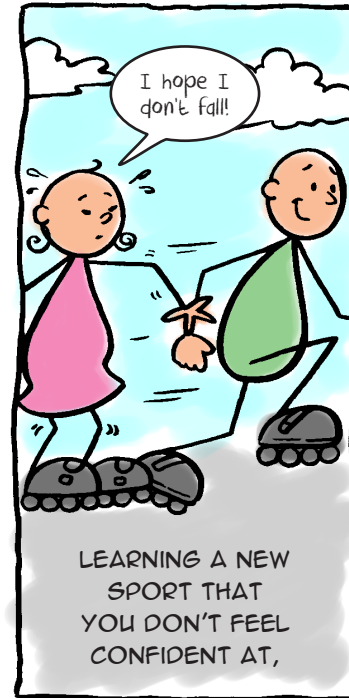


CHANGE IN YOUR LIFE—WHETHER BIG OR SMALL—ALSO INVOLVES OVERCOMING BAD HABITS OR ATTITUDES.

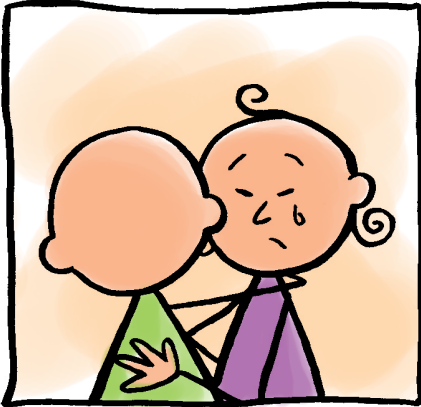
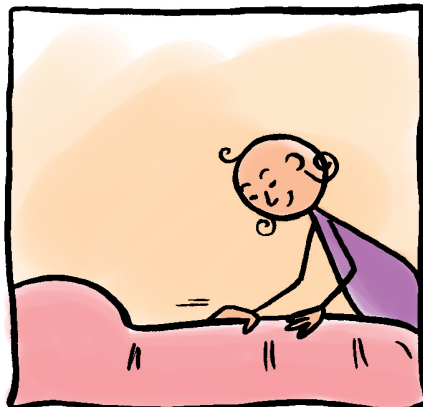
NEW HAPPENINGS AND CHALLENGES IN YOUR LIFE KEEP YOU FLEXIBLE AND ADAPTABLE. AS YOU EMBRACE CHANGE, IT CAN HELP YOU GAIN CONFIDENCE AND SKILLS YOU DIDN'T HAVE BEFORE.



NEW CHALLENGES AND CHANGE COME IN MANY DIFFERENT PACKAGES. SOME EXAMPLES MIGHT BE:



SOME CHANGES ARE ENJOYABLE, WHILE OTHERS YOU MAY PREFER TO AVOID. MAYBE YOU WISH YOU DIDN'T NEED TO TRY THAT NEW FOOD, OR IMPROVE A SKILL, OR LEAVE FRIENDS BEHIND.



CHANGE

WHEN YOU FIND IT DIFFICULT TO TAKE ON A CHANGE THAT HAS COME INTO YOUR LIFE,

CHANGE

AND WHAT STEPS YOU CAN TAKE TO HAVE THE RIGHT PERSPECTIVE

ASK GOD FOR HELP.

ASK HIM TO SHOW YOU THE BENEFITS OF THAT CHANGE, HOW YOU CAN ENJOY THE CHANGE,

CHANGE

AND EMBRACE THE CHANGE WITH HAPPINESS AND GRATITUDE.

AS GOD'S CHILD, CHANGES ARE A PERFECT OPPORTUNITY TO LEAN ON JESUS AND TO GROW CLOSER TO HIM, BECAUSE EVEN WHEN CIRCUMSTANCES OR PEOPLE CHANGE, YOU CAN ALWAYS RELY ON THE FACT THAT "JESUS CHRIST IS THE SAME YESTERDAY AND TODAY AND FOREVER."¹ HE CAN YOUR CONSTANT NO MATTER WHAT CHANGES OR NEW CHALLENGES YOU FACE.



My latest creation, with compliments from the chef!

CHANGE CAN BE A JOYFUL EXPERIENCE IF YOU LEARN TO GREET THE NEW WITH ANTICIPATION, FAITH, AND HOPE! YOU NEVER KNOW WHAT YOU CAN ACHIEVE OR WHAT GOOD CAN COME OF IT UNTIL YOU STEP OUT TO EMBRACE CHANGE.

THINK ON THIS:

DON'T WORRY ABOUT ANYTHING; INSTEAD, PRAY ABOUT EVERYTHING. TELL GOD WHAT YOU NEED, AND THANK HIM FOR ALL HE HAS DONE. THEN YOU WILL EXPERIENCE GOD'S PEACE, WHICH EXCEEDS ANYTHING WE CAN UNDERSTAND. HIS PEACE WILL GUARD YOUR HEARTS AND MINDS AS YOU LIVE IN CHRIST JESUS (PHILIPPIANS 4:6-7 NLT).

Footnotes:

¹ Hebrews 13:8