

*A Thought
for the Day*

A Very Present Help

The Bible says:

GOD IS OUR REFUGE AND STRENGTH, A VERY PRESENT HELP IN TROUBLE (PSALM 46:1 KJV).

Think on this:

FACED WITH WORRIES OR FEARS? TAKE REFUGE IN GOD. WHEN YOU FEEL LIKE YOU ARE SURROUNDED BY TROUBLES, FOCUS ON GOD'S PROMISES TO YOU AND SEEK HIS STRENGTH THROUGH YOUR PRAYERS AND PRAISES TO HIM. AS YOU SPEND TIME WITH HIM, YOU WILL FIND HIS PRESENCE ENTER YOUR HEART. WHEN YOU PRAISE HIM, YOU WILL NOTICE THE NEGATIVE FEELINGS FADE AND PEACE AND JOY RETURN.

