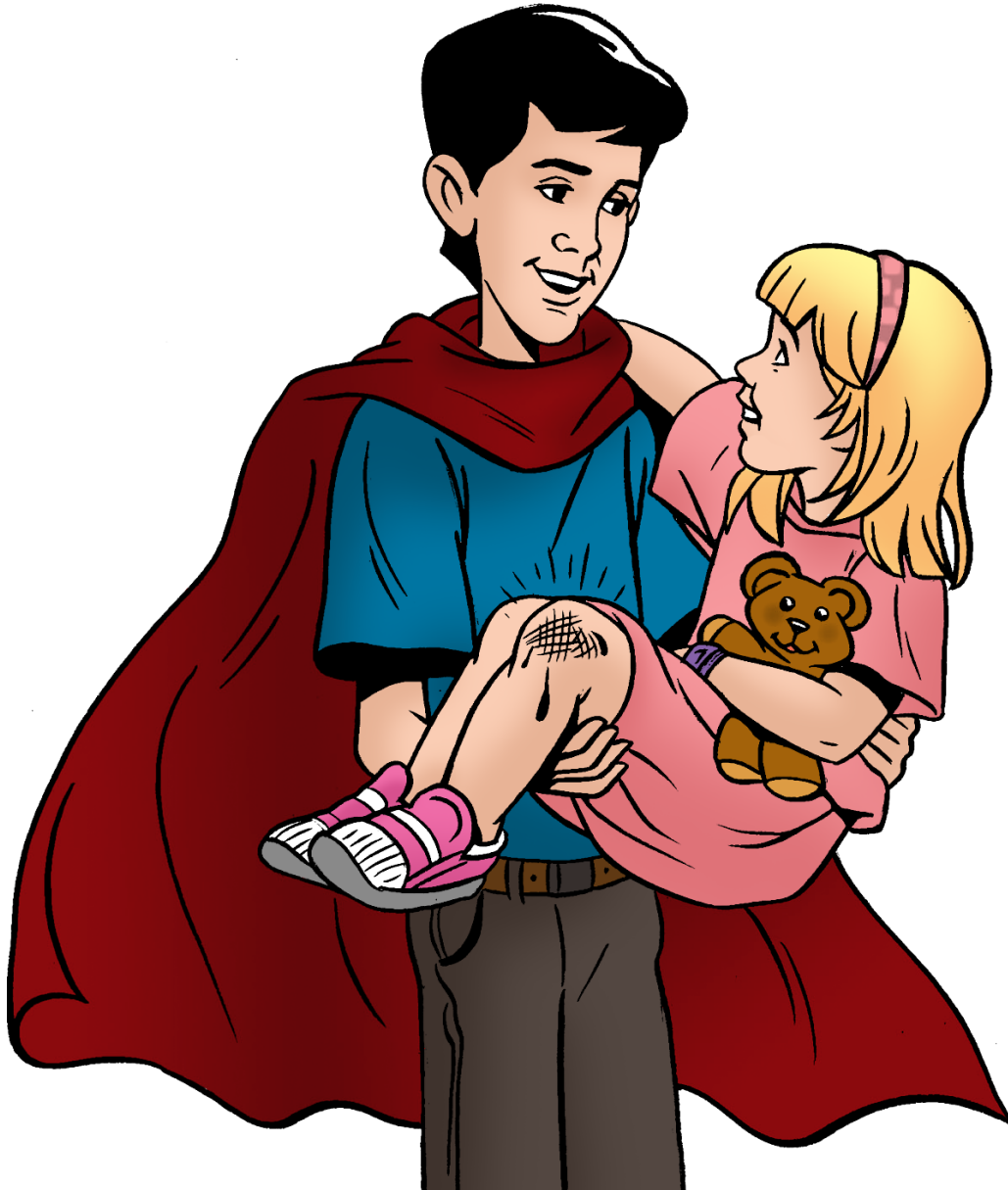


Steps to Being a Hero



You don't have to make big saves to be a hero. You can be a hero to someone each day by simply taking the time to show them you care.

If a classmate drops something but doesn't notice it and you do, you can be a hero by picking it up for him or her and returning the item. If your younger brother wants you to play with him, and you do—even when you'd rather not—you are being a type of hero to him.

It's not easy being this kind of hero. It sometimes takes sacrifice to give up the things you want to do and to share your time. It also takes building the right habits and having the right reactions. It's easier to think about yourself and what will bring you happiness, but if you make the decision each day to do something for someone else, you will find yourself building the right habits and having the right reactions.

Take small steps toward being a hero by making the right choice today. Share your snack with someone, give a listening ear to a friend who looks sad, or tell your teacher or your mom and dad how much you appreciate his or her care. One day, you will be able to look back at all the kindness you have shown and realize just how much of a hero you have been!

"It's more blessed to give than to receive" (Acts 20:35 ESV).