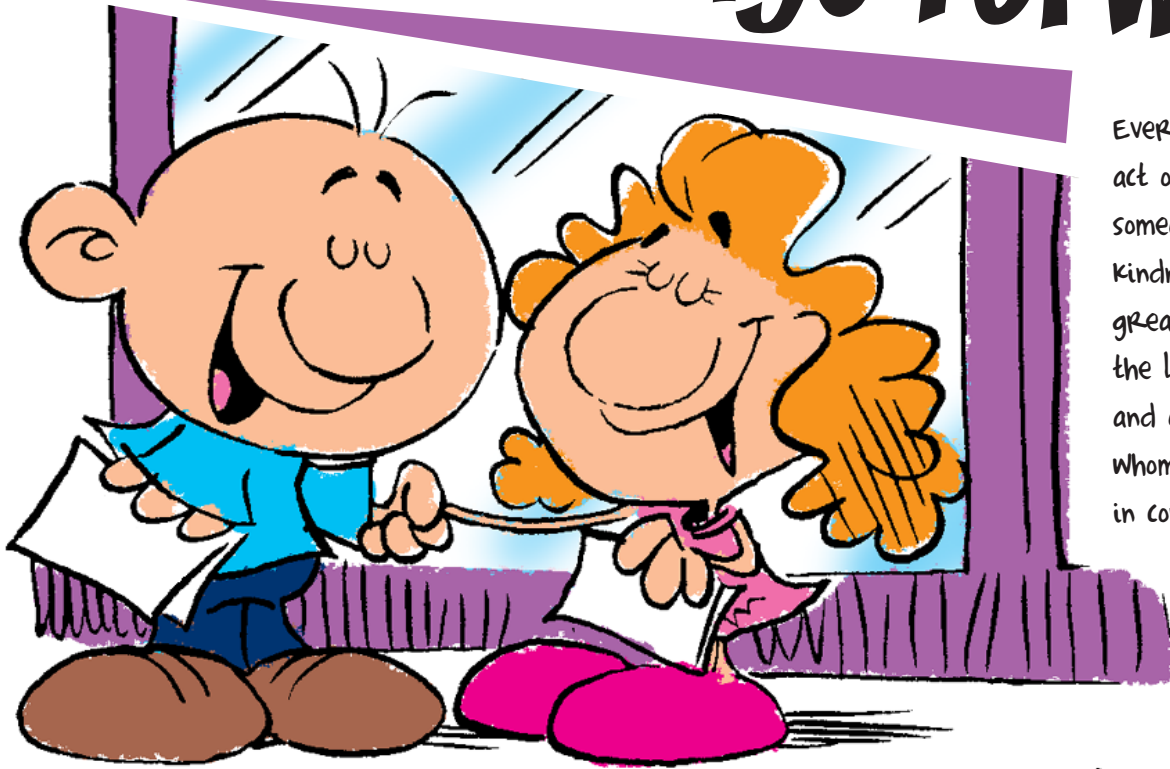
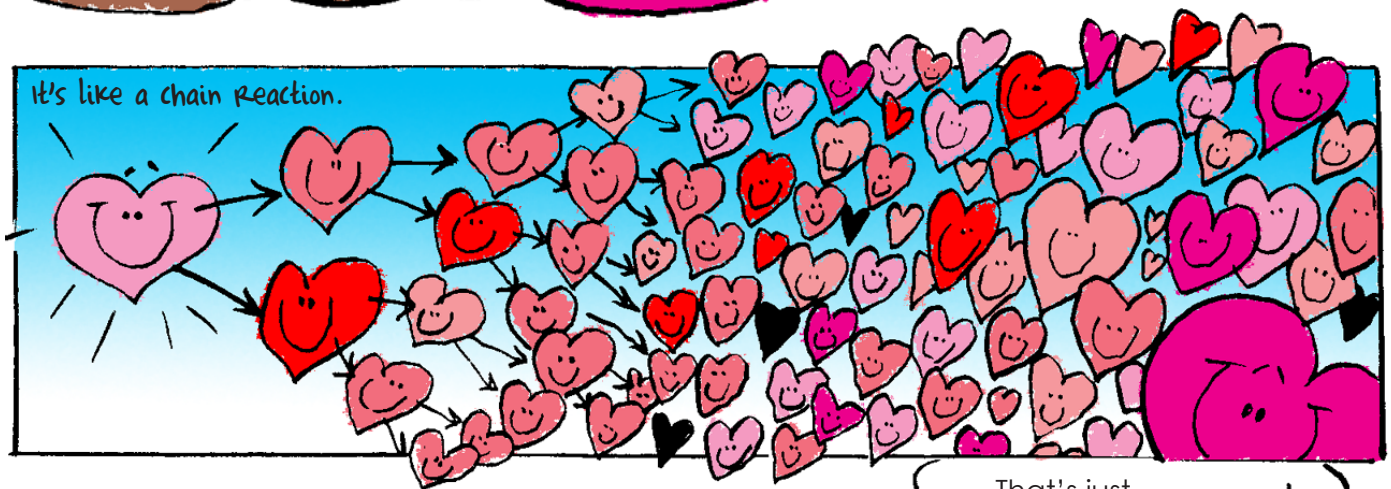


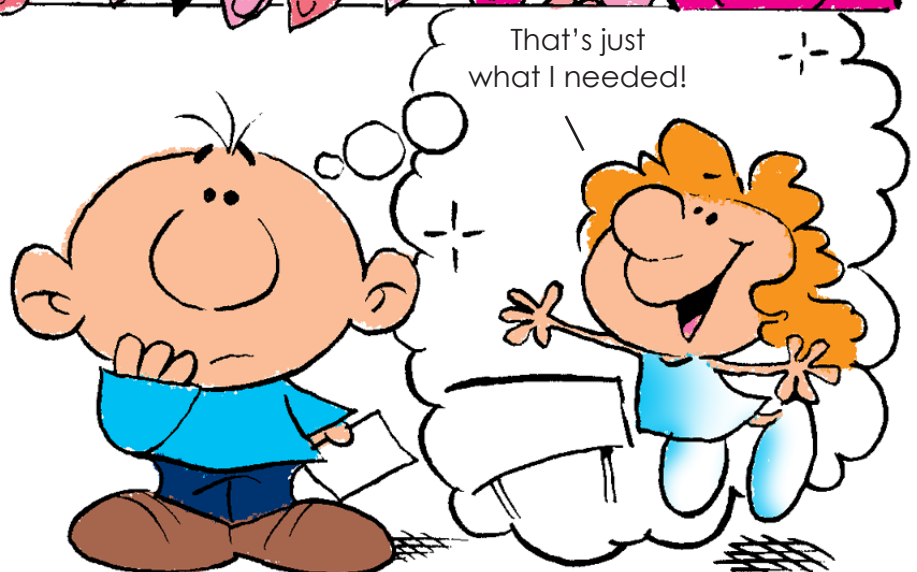
# Kindness Pays Forward



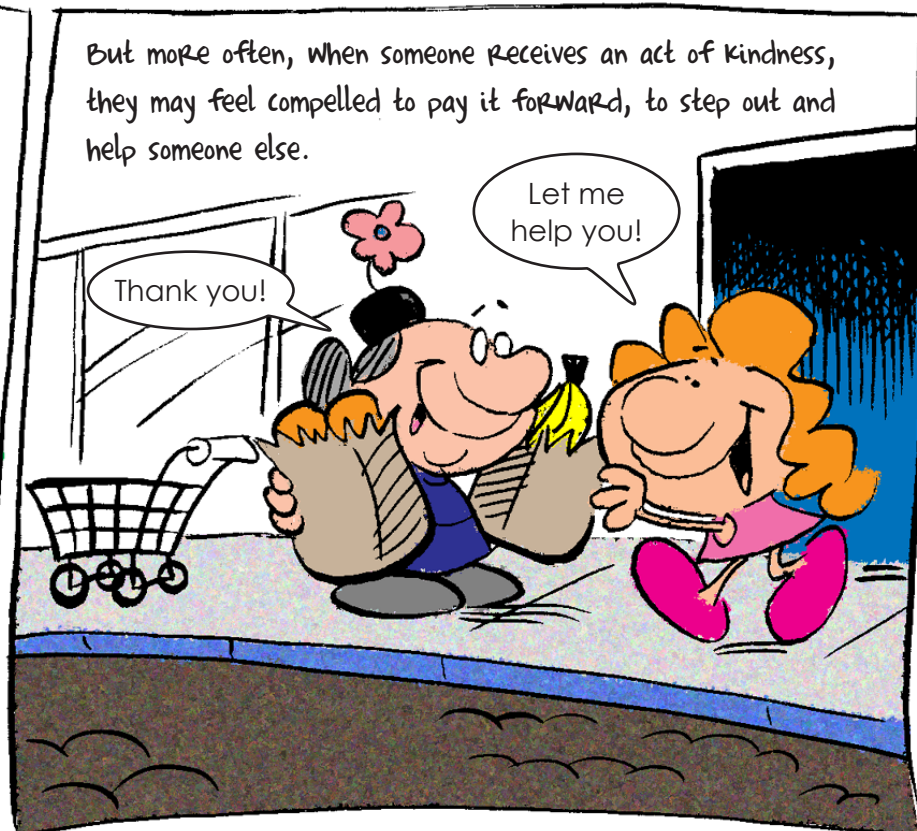
Every time you do an act of kindness for someone, that act of kindness could have a great impact both on the life of the person and on the lives of those whom that person comes in contact with.



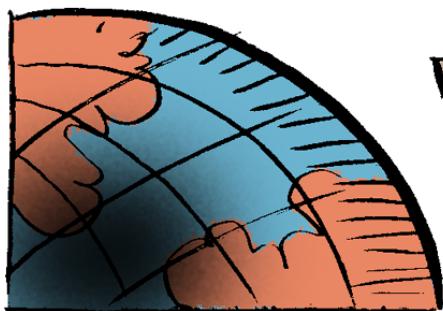
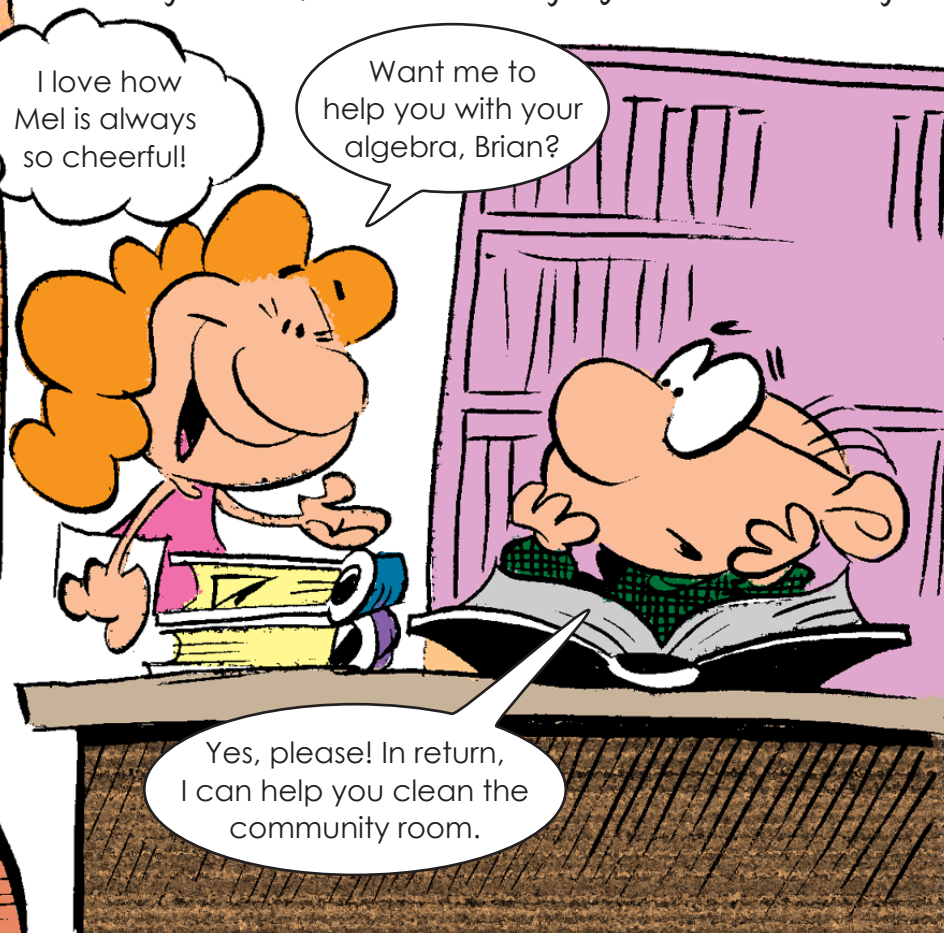
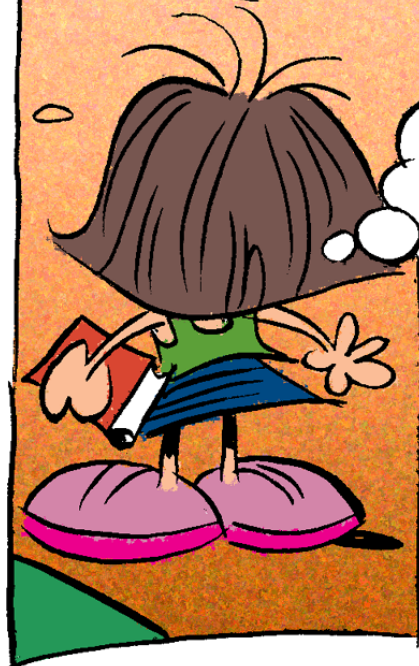
One little act of kindness might not seem like a whole lot to you. You could say that all you did was lend a helping hand, give a hug, pray a prayer, or pay a compliment. But when you think about it, that small act of kindness could be just what that person needed to put a smile on their face and uplift their spirit.



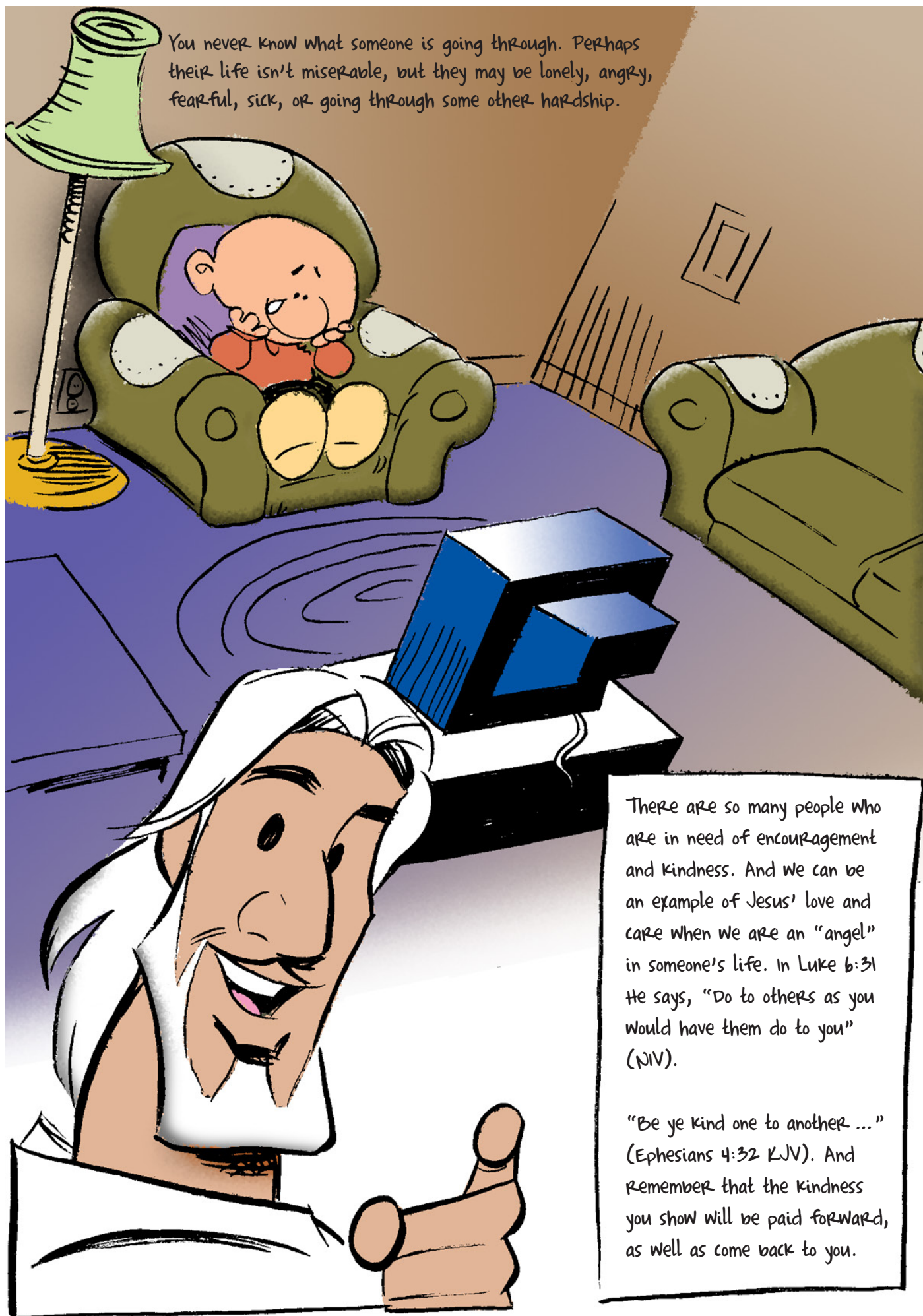
Kindness often pays forward.  
Even if it only made that  
person more cheer-ful, that  
cheer-fulness will be noticed by  
someone else.



The Bible tells us that in some way it will come back to us. "Give, and it will be given to you. ... For with the measure you use, it will be measured to you" (Luke 6:38 NIV). You may not receive the exact kindness you showed, but the measure you give will come back to you.







You never know what someone is going through. Perhaps their life isn't miserable, but they may be lonely, angry, fearful, sick, or going through some other hardship.

There are so many people who are in need of encouragement and kindness. And we can be an example of Jesus' love and care when we are an "angel" in someone's life. In Luke 6:31 He says, "Do to others as you would have them do to you" (NIV).

"Be ye kind one to another ..." (Ephesians 4:32 KJV). And remember that the kindness you show will be paid forward, as well as come back to you.