

God's Spirit is the source of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and moderation in your life.

## Memorize it:

The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control (Galatians 5:22–23 NIV).

## Action:

In your journal, list some of the experiences you've had recently in which you felt one of the fruits of the Spirit (listed above) present in your life.



## Read the full article, "**Power-Up Devotional #1: The Source of Good Things**."

S&S link: Christian Life and Faith: Biblical and Christian Foundation: The Fruits of the Spirit-2a-c
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