

Clean House and Heart

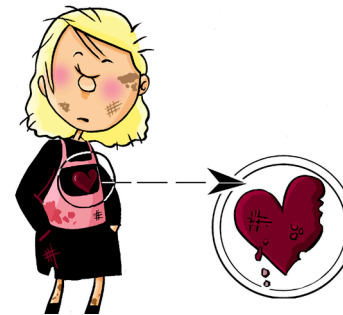
"MAN LOOKS AT PEOPLE'S OUTWARD APPEARANCE, BUT GOD LOOKS AT THE HEART" (1 SAMUEL 16:7, PARAPHRASED).



Your outward appearance, however, also reflects the state of your heart. It's been said that those who are dirty on the outside are often dirty on the inside too.

The opposite can also be true. If you are polite, neat, and tidy, and you've put some effort into cleaning things up, that generally reflects your determination in spirit.

Cleaning up your surroundings helps you feel better about yourself. Also, it doesn't just help to keep the house clean, it can help to motivate you to keep your spiritual house—your heart—clean as well.



**Scrub up your spirit, and that will help you scrub up your appearance too!
Keep a clean house and a clean heart!**

"How can a young person live a clean life? By carefully reading the map of your Word" (Psalm 119:9, *The Message*).

