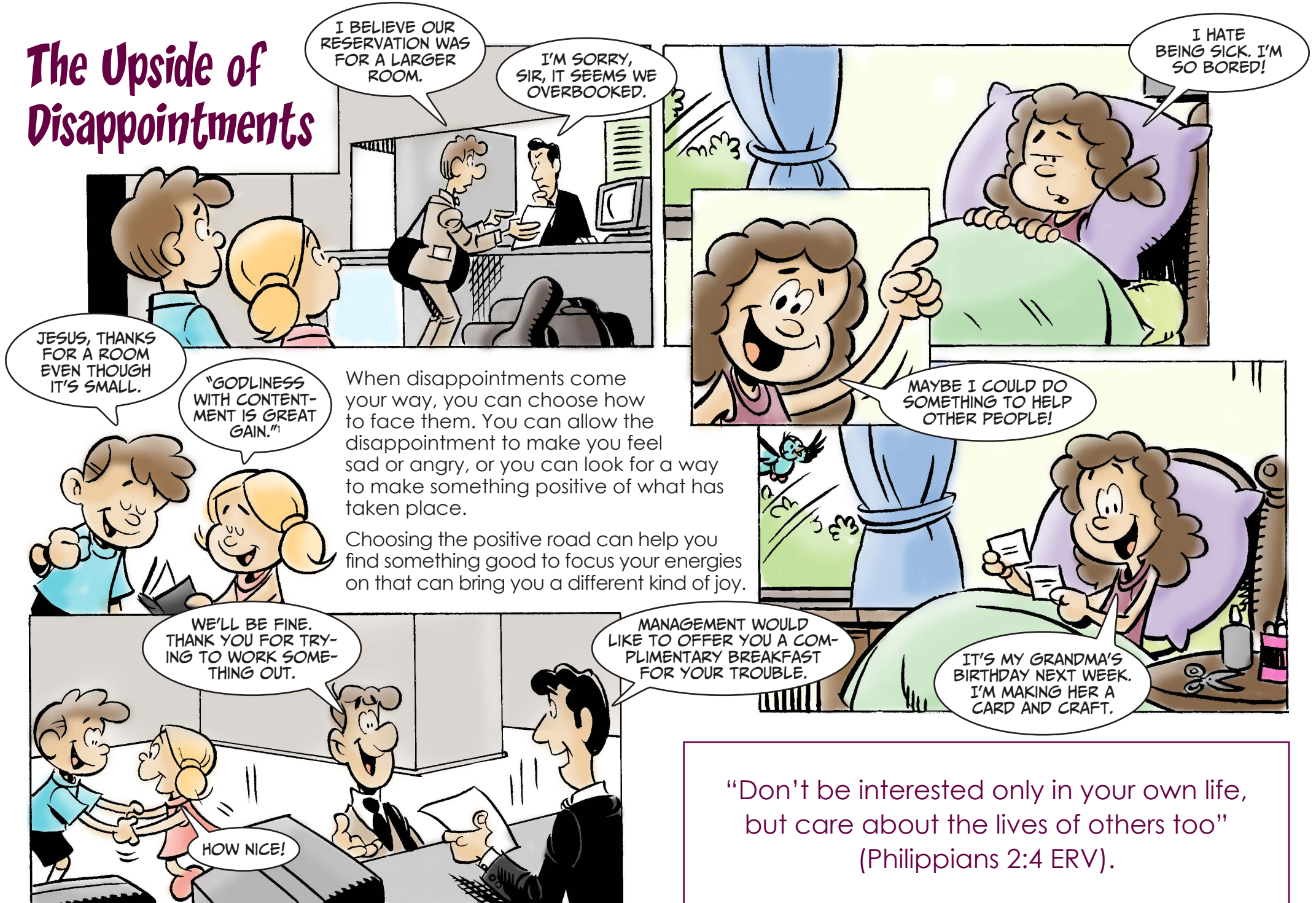


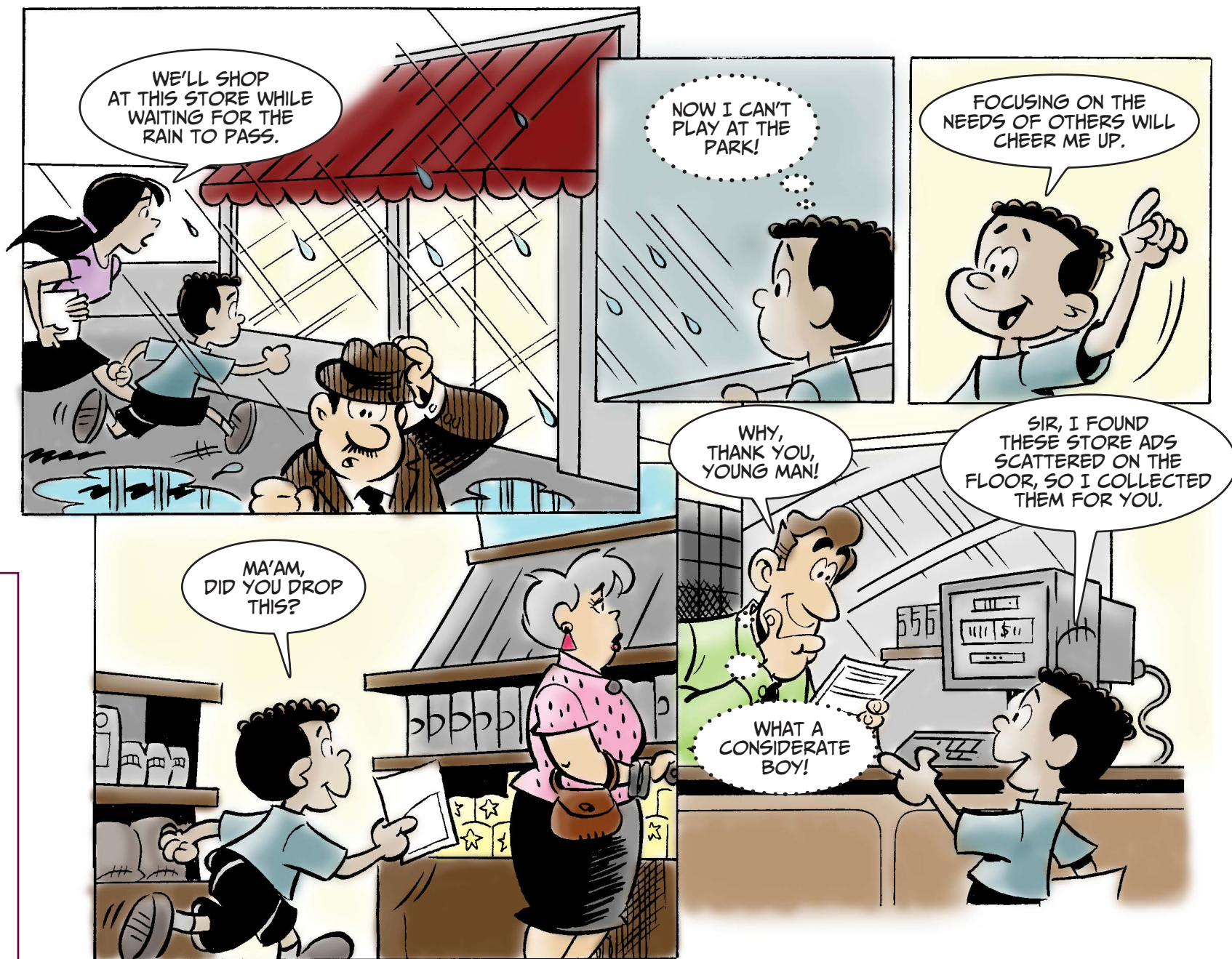
The Upside of Disappointments



"Don't be interested only in your own life,
but care about the lives of others too"
(Philippians 2:4 ERV).

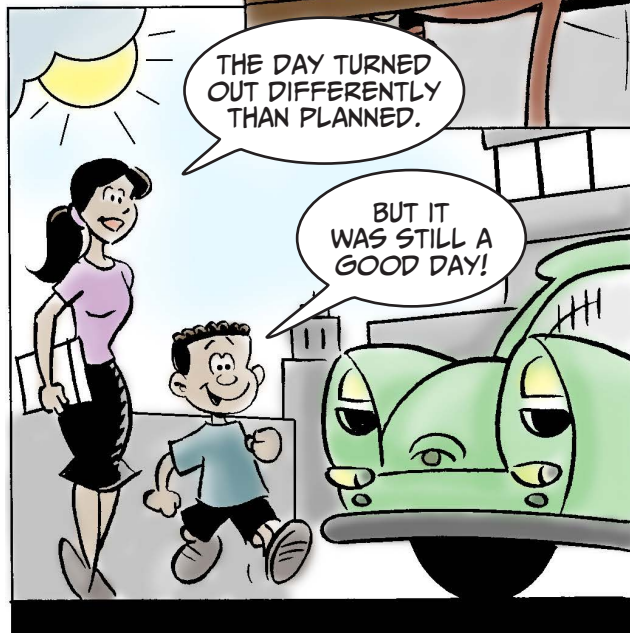
When disappointments come your way, look for ways to redirect your day and find new joy. Are there others who could use your help? Are there other plans you could make instead? Your disappointments do not have to ruin your day. The choice is yours.

“Whenever you are able, do good to people who need help” (Proverbs 3:27 ICB).



“So encourage each other and help each other grow stronger in faith” (1 Thessalonians 5:11 ERV).

If things have not gone the way you had hoped or planned, you can ask God to help you to keep a positive outlook. He can help you to see the good in a situation and also find joy in a new path.

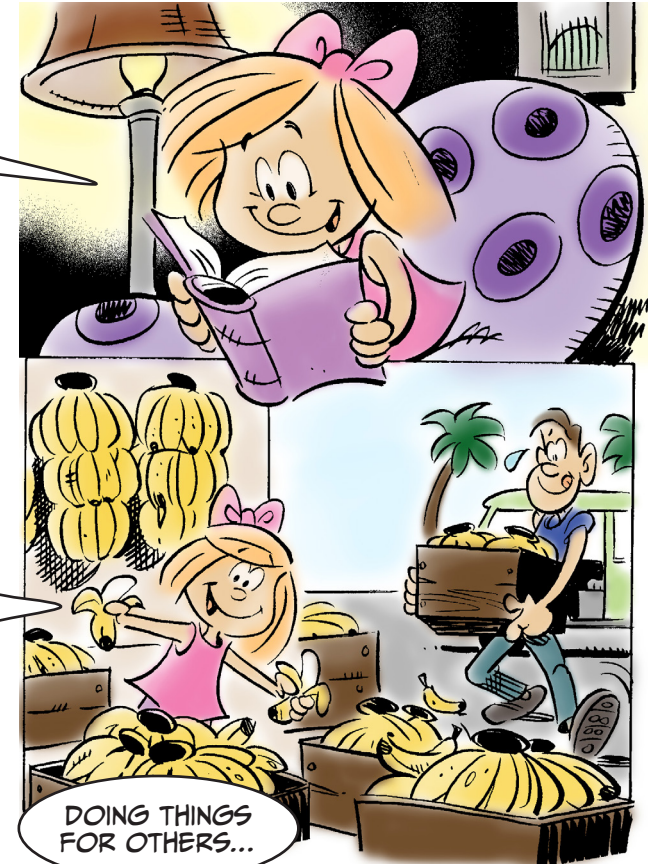


For every day, no matter what challenges, disappointments, opportunities, excitements, and promises it brings, remember that God made this day, so rejoice and be glad in it.²

² See Psalm 118:24.

PEOPLE WHO HELP OTHERS ARE MY HEROES!

THE TRUCK TRANSPORTING THESE BANANAS BROKE DOWN, SO MY DAD'S COMPANY IS DONATING THEM FOR THE SCHOOL'S LUNCH PROGRAM. I'M HAPPY I CAN BE A PART OF HELPING OTHERS.



"Do not forget to do good to others. And share with them what you have" (Hebrews 13:16 ICB).

