



Giving Thanks Chart



TO HELP BUILD A HABIT OF THANKING OTHERS, HERE'S A CHART YOU CAN USE TO KEEP TRACK OF THE TIMES YOU THANK PEOPLE. PUT UP TO TEN NAMES OF FRIENDS, RELATIVES, AND TEACHERS ACROSS THE TOP.

EACH DAY YOU MANIFEST THANKFULNESS TO ONE OF THEM FOR SOMETHING THEY DID FOR YOU, PUT A TICK UNDER HIS OR HER NAME ON THE LINE OF THE CORRESPONDING DAY. DO THIS FOR TWO WEEKS AND SEE HOW MANY TICKS YOU CAN GATHER!

NAMES											TOTAL
WEEK 1											
SUNDAY											
MONDAY											
TUESDAY											
WEDNESDAY											
THURSDAY											
FRIDAY											
SATURDAY											
WEEK 2											
SUNDAY											
MONDAY											
TUESDAY											
WEDNESDAY											
THURSDAY											
FRIDAY											
SATURDAY											
SUNDAY											
GRAND TOTAL											