

RISE ABOVE IN JOY

At the end of the day, it can be fun to think about all the happy times you enjoyed that day. But sometimes you may also remember difficult things that happened.

Though life has many happy moments, you also face challenges and difficulties.

Similar to how the current of a river can pull a kayak downstream, disappointments and difficulties pull you down emotionally.



IT WAS MY IDEA TO DRESS UP LIKE POCAHONTAS FIRST.

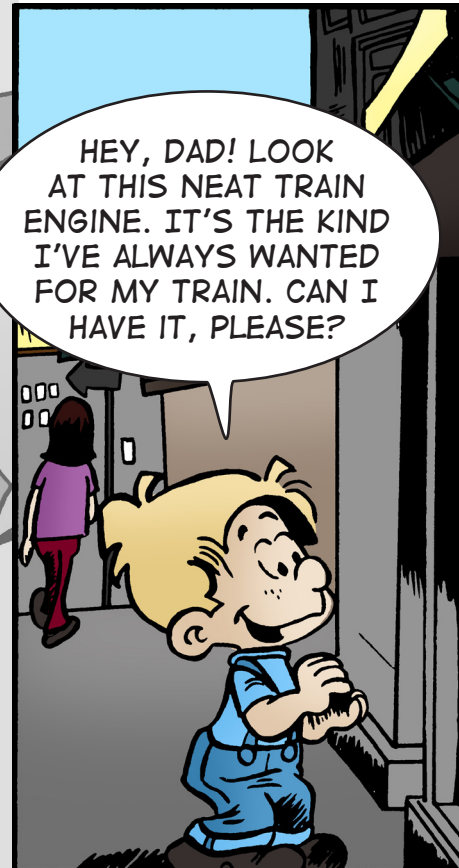
BUT I LIKE BEING POCAHONTAS TOO!

UH-OH! ARGUING!

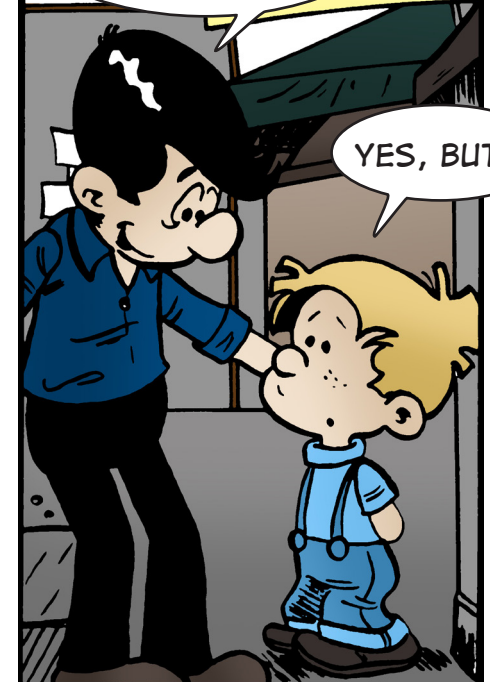


YOU HAVE A NICE TRAIN ENGINE ALREADY. AREN'T YOU SAVING FOR THE TUNNEL TO ADD TO YOUR TRACK?

HEY, DAD! LOOK AT THIS NEAT TRAIN ENGINE. IT'S THE KIND I'VE ALWAYS WANTED FOR MY TRAIN. CAN I HAVE IT, PLEASE?



YES, BUT...





In life, there are things you can do to keep going upstream, even when unhappy events occur that might pull your emotions down.

Here are some tips that may help you rise above life's challenges with God's joy and keep you going upstream:

- Do things to help others be happy.

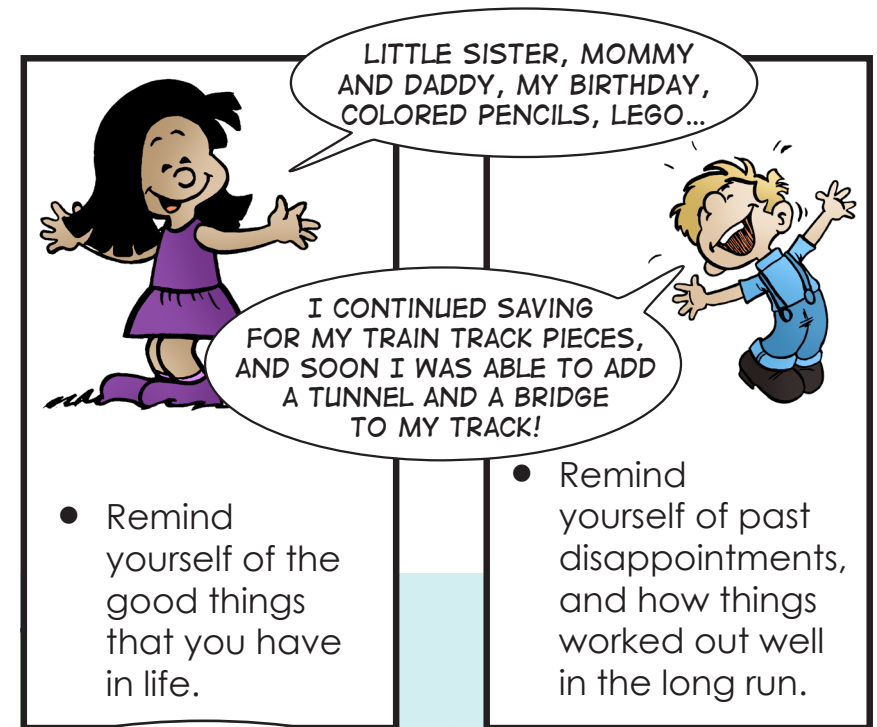
READY OR NOT,
HERE I COME!



S&S link: Character Building: Personal Responsibility: Problem Solving-1a

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JESUS, PLEASE HELP
US DO OUR PART, AND TRUST
YOU FOR THE REST. "NOT BY
MIGHT, NOR BY POWER..."

"BUT BY MY
SPIRIT, SAID THE LORD
OF HOSTS."¹



- Look to Jesus for help in overcoming the difficulty.

¹ Zechariah 4:6 AKJV