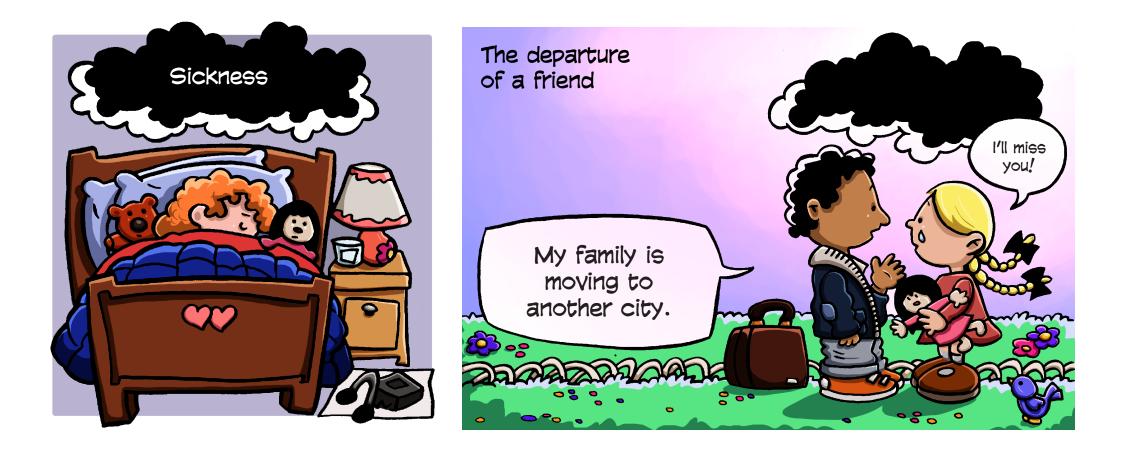
## The Joy of the Lord A message from Jesus



Something might cause you to feel sad for a time, but if you trust in Me, I will give you an inner peace that all will be well in the long run.









And as you study My Word and let Me teach you more about how to trust Me, that will increase your joy.

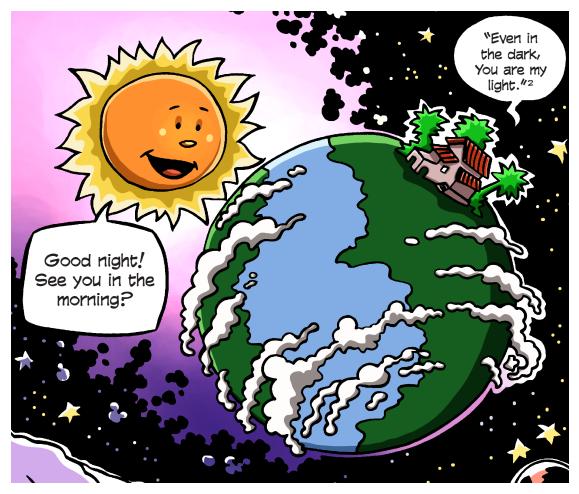
"You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you" (Isaiah 26:3 NLT).

"And we know that God causes everything to work together for the good of those who love God" (Romans 8:28 NLT). The faith and joy that I give to you is constant, like the sun.

When the sun sets at night, do you worry that it has left forever?



You know the sun is always there.



Though the night comes and you cannot see it, you know the sun is still there and that it will rise the next morning.

<sup>2</sup> Pray a Way: Bedtime 1 of 2



"We may rejoice and be glad all our days" (Psalm 90:14 ESV).

We receive God's joy from:

- Receiving Jesus' love and gift of salvation.
- Knowing that Jesus takes good care of us.
- Knowing we will live forever in God's kingdom.
- Helping other people know about Jesus' love.
- Studying the Bible and God's promises in His Word.

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