

God in Us

You are the temple
of God, and God's
Spirit lives in you.
(1 Corinthians 3:16,
paraphrased)



Our bodies are
wonderfully
made by God.
He designed
us to be able
to run, to
jump, to think,
to speak, and
so much more.





The Bible says that we are the house of God and that His Spirit lives in us. When Jesus lives in us, He wants to use the way we live and how we act as ways to show others about Him.

We need to take care of our bodies, so that they are a good reflection of God's Spirit in us.




Our words and actions should also be kind and courteous so that they are an example to others of Jesus' love.

When we take good care of our appearance and our health, we are showing a nice, clean picture of Jesus to others. We're showing Jesus to the world!






Action



Draw and color a picture of Jesus. Now draw a house around the picture of Jesus—a roof over his head, and walls and a floor around Him. Talk about ways that you can be a good reflection of Jesus to others.



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