

# PRAYER, GOD, AND YOU

Prayer is a way that you can talk with God. When you pray, you can tell Him about the things that trouble you, your needs, or ask for help understanding something. In fact, the Bible says that you can be confident that God hears you when you ask for things that please Him. You can make your requests and trust that God will answer your prayers.<sup>1</sup>

“Are you having troubles? You should pray. Are you happy? You should sing your praise”  
(James 5:13, *paraphrased*).

Prayer reminds you that God is always close to you. You can talk to Him at any time of the day or night. It is also how you show respect to God. Through prayer, you can better understand His never-ending love for His children.<sup>2</sup>



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You might wonder what words you should use when you pray. But prayer is simple; you do not need complicated words or long prayers. “When you pray, don’t talk on and on as people do who don’t know God. They think God likes to hear long prayers. Don’t be like them. Your Father knows what you need before you ask.”<sup>3</sup>

Talking with God through prayer can bring your heart joy and peace. Your prayers will lift you up and draw you closer to God.

Talk to God as you would talk to a friend, because He is your friend—the dearest and best friend you will ever have!



“When you pray, I will listen”  
(Jeremiah 29:12 NLT).

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<sup>1</sup> See 1 John 5:14–15.

<sup>2</sup> See John 3:16.

<sup>3</sup> Matthew 6:7–8 CEV