

As I Lie Down to Sleep

Hi, Jesus, it's me; I've come to pray
And to thank You for the gift of today.
I know You've been with me all along;
You've seen the good and even the wrong.
And though sometimes I was a bit sad,
You helped to make me once again glad.

Today I looked for the good in things,
And the joy that helping others can bring.
I learned how even when I'm angry,
That is not the way I have to be.
I can work to make things right,
And bring an end to any fight.

Jesus, when You are by my side
You will be a faithful, caring guide.
You will remind me of Your love for me
And all the ways like You I can be.
And tomorrow I will do more
To let Your spirit through me pour.

So now as I lie down to sleep,
I ask that I will be safe in Your keep.
Fill my dreams with thoughts of You,
And teach me how to do as You do.
That way another can see You in me,
And I will grow up to be all that I can be!
Amen.

