

The Seeds We Plant

A man reaps
what he sows.
(Galatians 6:7 NIV)



If you plant a seed
in soil, water it,
and care for it, it
will grow into a
plant. The things
we do are like
little seeds.





Sometimes what we do for someone else seems so small and like it won't matter much, but it does. Just as little seeds can grow into healthy plants, our actions, if they are good and kind, will result in goodness and kindness that will come back to us. This is why it pays off when our actions are kind and thoughtful.


When we are kind to someone it's like we are planting a little seed of love in that person's heart. And if we water that seed, by continuing to be kind and thoughtful, then love will grow.

The more kindness we show others, the more kindness others will show us in return. So plant a little seed of love in someone's heart today.






Action



Trace your hand on a piece of paper, and then draw a flower at the end of each of your fingers. Color the picture. Think of five acts of kindness or thoughtfulness that you can do for someone else, and ask your mommy or daddy to write a kind deed in each of the “flower fingers” of your drawing. Now remember to try to do those kind things.



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