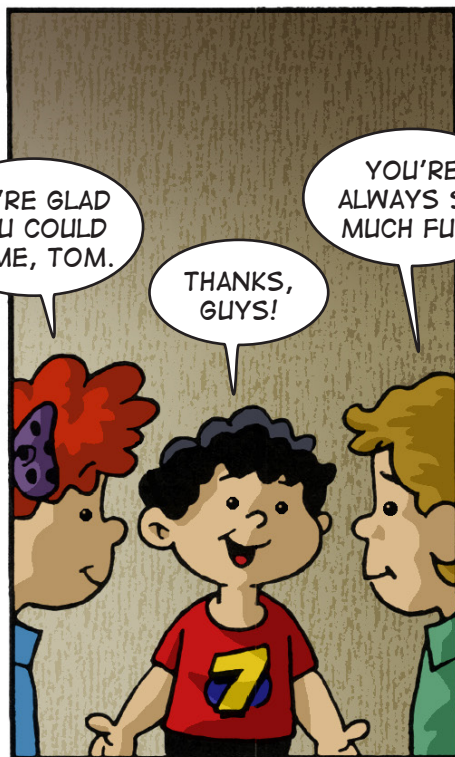


The Words You Speak

WORDS ARE REAL THINGS. THEY CAN MAKE SOMEONE FEEL HAPPY AND LOVED, OR SADLY, THEY CAN ALSO HURT AND OFFEND. THIS IS WHY IT IS IMPORTANT TO SPEAK KIND WORDS TO OTHERS, BECAUSE IT WILL MAKE YOU AND THOSE AROUND YOU HAPPY AND LIFT THEIR SPIRITS.





"WHATEVER IS IN YOUR HEART DETERMINES WHAT YOU SAY."² WHEN YOUR HEART IS FILLED WITH GOOD THINGS—KINDNESS, LOVE, JOY, HELPFULNESS, FAITH, AND GOD'S WORD—THEN YOUR WORDS WILL BE FILLED WITH THOSE THINGS TOO. WHEN YOU TAKE GOOD CARE OF YOUR HEART, YOUR ACTIONS AND WORDS WILL BE ONES THAT CAN LIFT OTHERS UP AND FILL THEIR HEARTS WITH HAPPINESS.

THERE ARE MANY WAYS WORDS CAN HELP OTHERS, AND EVEN YOU.

YOUR WORDS CAN BRING CHEER... ...THEY CAN BRING YOU HAPPINESS...

...AND THEY CAN BE USED IN PRAYER FOR OTHERS.

YOU'RE LOOKING MUCH BETTER, LOGAN! I'M PRAYING YOUR LEG HEALS QUICKLY.

THANKS, ALLIE.



"FOR SONG OF BIRD AND HUM OF BEE,
FOR ALL THINGS FAIR WE HEAR OR SEE,
FATHER IN HEAVEN, WE THANK THEE."³

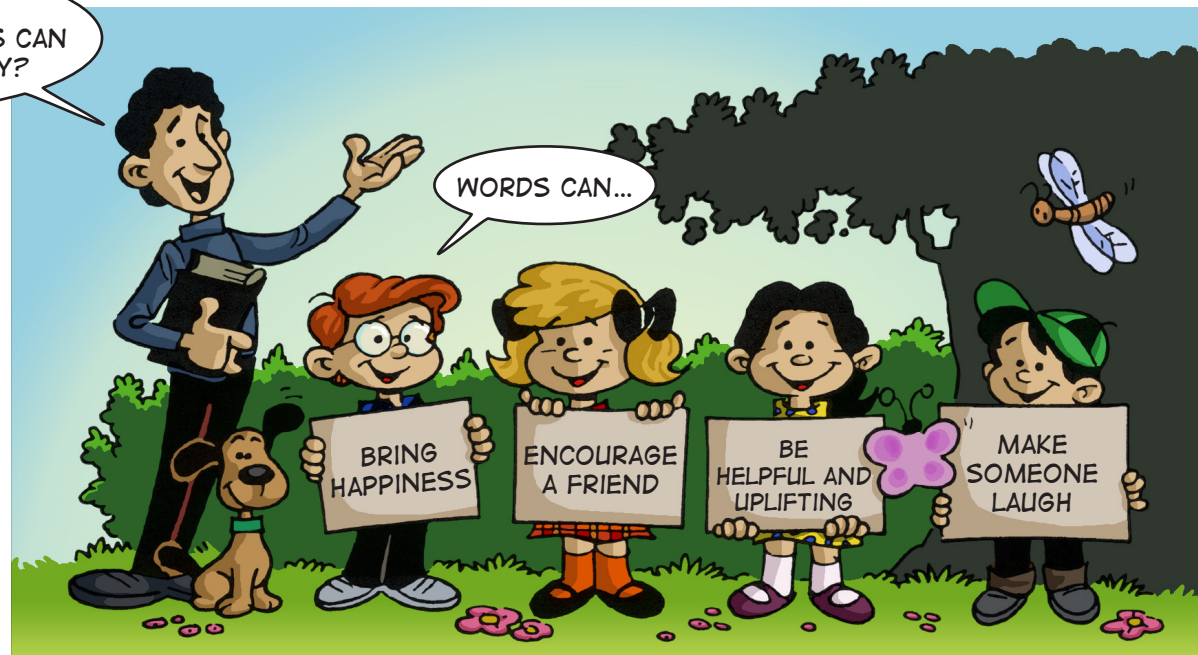


PLEASE, JESUS,
TAKE GOOD CARE OF GRANNY
WHILE SHE TRAVELS.



YOUR WORDS CAN HELP MAKE THE WORLD AROUND YOU A NICER
AND BETTER PLACE FOR OTHERS AND FOR YOU.

WHAT ARE SOME
WAYS THAT YOUR WORDS CAN
HELP SOMEONE TODAY?



¹ Psalm 19:14 NLT

² Matthew 12:34 NLT

³ Ralph Waldo Emerson.
"Father in Heaven, We
Thank Thee."