



W Is for Wisdom

You don't have to be old to have wisdom. You are wise when you stop and think before you act. Before you do something, pause for a minute and consider whether what you're doing is kind and fair? Is it helpful to yourself and others? Is it what you know to be right? Wisdom is when you act on what is right.

And don't forget, being wise also means you ask for help from others when you're not sure what to do. This is sometimes the better ways to be wise!

Put it into action:

Before you do something, stop and ask yourself: "Is what I'm doing right? Is it kind? Will it make things turn out well for me and others?" Then act accordingly.

