



# Z Is for Zeal

Have you ever done something that you were very passionate and excited about? That's good! Having passion and zeal for what you do is important. Zeal is the enthusiasm, excitement, and joy you find in doing something you enjoy.

When you find something that sparks your interest, explore your curiosity and learn what you can. When your passion is something that you can use to help others, even better!

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## Put it into action:

What's something you love to do? Are there ways that you can learn more about it? Can you use it to help someone else? Why not try!

