

KINDNESS CAN BE YOUR SUPER POWER

"Dad, you forgot something!" Erica said as she rushed toward her father, who was about to leave the house for work. He turned around in the foyer and patted his pockets.

"What did I forget?"

"You forgot your morning hug!" Erica gave her father a big bear hug.

"Oh, thank you! That brightened up my morning!"

After breakfast, Erica cleared the dishes and asked Mother if she should play with baby Laurie.

"That would help me tremendously," Mother exclaimed. "How kind of you to offer!"



Over dinner that night, Mother said proudly to Father, "Erica helped me so much today. She even helped our neighbors, the Smiths, with their gardening. Today you brought joy to everyone around you!"

That morning, Erica had watched a cartoon where a smile was passed on from one person to another. It had given her some ideas of how she could be kind. Her plan worked!

When you are kind and caring, you help others to feel God's love and care for them. You also show others what they can do to be kind too. This starts a chain reaction of kindness that will keep on growing.

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