



V Is for Volunteering

Volunteering is when you give your time and skills to help others in your community. When you volunteer you show that you care about your community and want to do whatever you can to make it a better place.

Volunteering is a wonderful way to not only help others, but when you are selfless in this way, it also helps to make you an important and needed part of your community. There are many things, even small things, that you can do to improve your part of the world. Start today to make a difference!

Put it into action:

Ask your parents for ways you can volunteer in your neighborhood or community to help make it a better place.



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