



C Is for Compassion

Compassion is a way to show we care for others. If someone is hurt or sad, compassion makes you want to find a way to help that person feel better. A compassionate person is kind and caring. Compassion makes you want to reach out and help others in need.

Put it into action:

The next time you see someone in need, lend a helping hand. Not only will you be helping someone, but you'll find that helping others make you happy too.

