



H Is for Honest

Honesty is speaking the truth. It is being truthful about your actions and words, even if you know you've done something wrong. It may seem easier to hide what you did wrong, but being honest about your actions is important if you want people to trust and believe you.

When you are honest you act in a way that you know you should.

Put it into action:

Even when it's difficult, be honest about things you may have done wrong and ask for forgiveness.

